

# P.R.I.D.E. BASKETBALL COMPETITIVE DIVISION

**Ages 12-17**

**Date: July 23-27**

**O'Gorman High School**

P.R.I.D.E. Basketball will once again be offering a competitive camp this year that will challenge athletes and provide them with a level of coaching to enhance their confidence to play at any level. Players will be given the opportunity to interact with two of the finest University Coaches in the country.

- Players will be challenged to enhance all aspects of their game including individual, team strategies and mental readiness.
- Players will have their shot video analyzed and reviewed with them individually.
- P.R.I.D.E. Basketball has been providing athletes with the opportunity to enhance their skills for over 20 years and this year we have made it even better.

## Typical Day at Camp

8:30 - 9:00	Drop Off & Warm-up
9:00 - 11:30	Session with Coach Bambury
11:30 - 12:30	Lunch
12:30 - 2:45	Team Sessions
2:45 - 3:45	Games and Competitions
4:00	Pick-up

Night Sessions may be included

## Video Analysis

Players will receive an individual analysis with the shooting coach during the week

**Camp is Limited to  
50 Boys and 50 Girls**



**Featuring  
Katie Hamilton  
James Bambury**



James Bambury was named Assistant Coach of the Queen's Gaels Women's Basketball team on August 20, 2012 and is entering his fifth season on the women's basketball coaching staff.

Bambury spent the two seasons prior to joining Queen's as the Head Coach of the women's basketball team at Royal Military College. Joining the Gaels as a coach marks a return to Queen's for Bambury, who spent three seasons as a guard on the Gaels men's basketball team, from 2000-03.

Katie Hamilton just finished her first year as head coach with Nipissing's basketball program. She has worked with Team Ontario at the U17 level. Previously, she was the head coach of the PEI Women's Canada Games program, assistant coach of Holland College women's basketball program, executive/technical director of Basketball PEI and head coach of Sault College women's basketball program. In 2012, Hamilton was named Ontario Basketball's Elite Female Coach of the Year, and The Canadian Sport for Life Ambassador of the Year.

P.R.I.D.E. Basketball would like to thank the following sponsors:



Carole's Variety

## Registration Form

Name \_\_\_\_\_ D.O.B. \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

Postal Code \_\_\_\_\_ Phone # \_\_\_\_\_

Parent Name \_\_\_\_\_ Cell/Work Phone # \_\_\_\_\_

Shirt Size (adult sizes) S M L XL

## Mail or Deliver to:

**O'Gorman High School**

150 George Street, Timmins, ON, P4N 4M1

**Camp Costs \$225 Before May 30th & \$275 After**

**2 Meal Plans Available**

**\$100 for 9 meals (lunch & supper) or \$50 for lunch**